

Bright Beginnings Activity Pack

10 Joy-Filled Printables for You and Your Little One



THE LITTLE BRIGHT CLUB .COM

Hello friends ✨



Thanks for downloading the Bright Beginnings pack.

Inside, you will discover a smattering of creative, screen-free printables to bring joy, learning and the odd everyday moment of magic.

Ideal for rainy afternoons, quiet mornings or whenever you want to stop and play – together.

We made this with love, so you can fill your days with laughter, colour and calm. 🧡



Let's continue lighting up these little things.
With warmth,

– The Little Bright Club





Color-Me Emotion Faces

📷 Snap a photo of yourself or act out each emotion in front of a mirror. What does your face do when you feel that way? Now finish the picture. Chat about a moment when you felt like that.



HAPPY



SAD



ANGRY



EXCITED



CALM



SCARED





My Morning Routine

✂ Cut out the pictures, color them in, and sort them in the order that fits your day. Glue the pictures onto cardboard to build your very own routine chart.



GETTING UP



CLEANING MY TEETH



EATING MY BREAKFAST



MAKING MY BED



GETTING DRESSED



PACKING MY BAG





Scavenger Hunt

Can you spot all these little treasures? Check them off one by one as you find them — inside, outside, or anywhere your day takes you.



A piece of clothing with buttons

Something that helps you see better

A toy with wheels

Something soft to touch

Something smaller than your hand

Something that smells nice

Something round

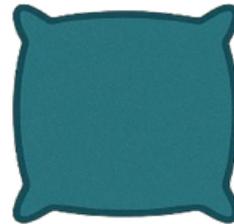
Something you can sit on

A green leaf

Something blue

A picture of a person

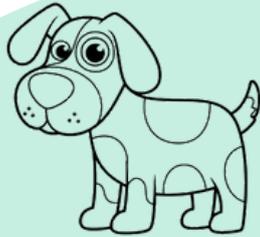
Something that holds water





Spin a Story!

Grab a pencil and a paperclip, give it a spin... and let the story magic begin! Use the prompt to start your own little tale.



dog which
heard a strange
sound



duck which
found a hidden
door



cat
which found
a strange map



fox which
got lost

rabbit which
located a lost
key



lizard which
found a bottle
with a note
inside



bird which
discovered
a hidden
compartment



monkey
which came
across an
unusual
footprint





All About Me!

Draw, doodle, or write – whatever feels most you!



This is me:

and my name is:

My favourite food is:



I am _____ years old.

I love to:

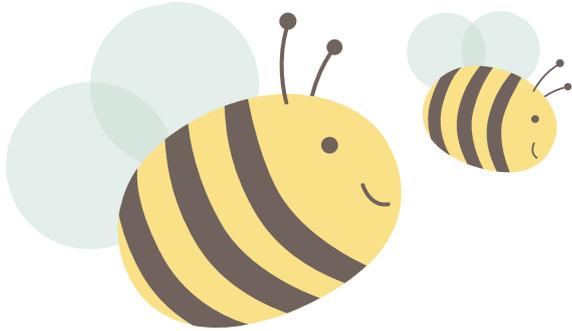
I feel happy when:



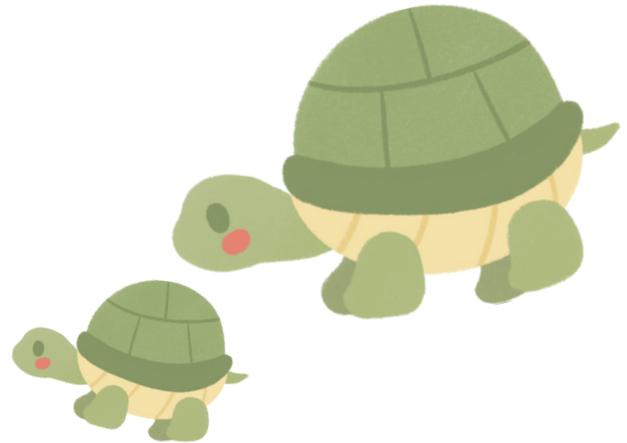


Breathe Like an Animal!

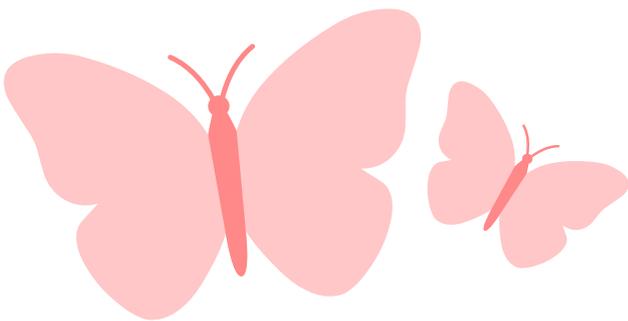
Cut out these calming cards and keep them nearby for when you need a gentle pause. Take a deep breath, just like your favorite animal – in, out, and ahhh... that's better.



**Buzz as you
breathe out**



**Slow and steady
like a turtle**



**Flutter your
fingers as you
inhale & exhale**



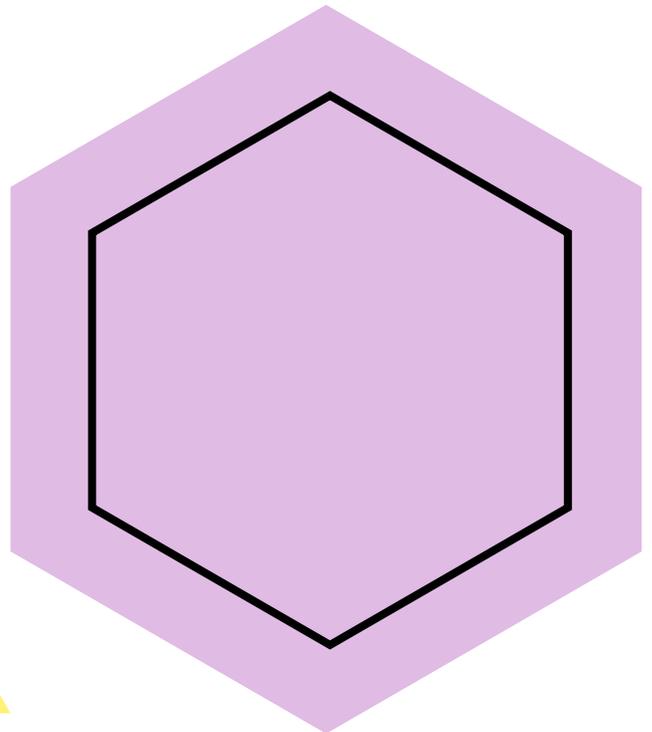
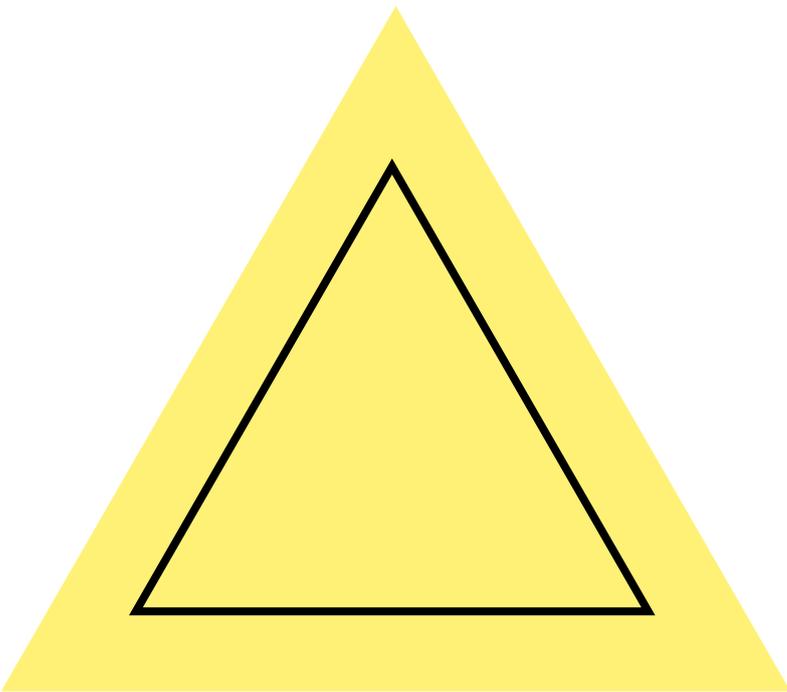
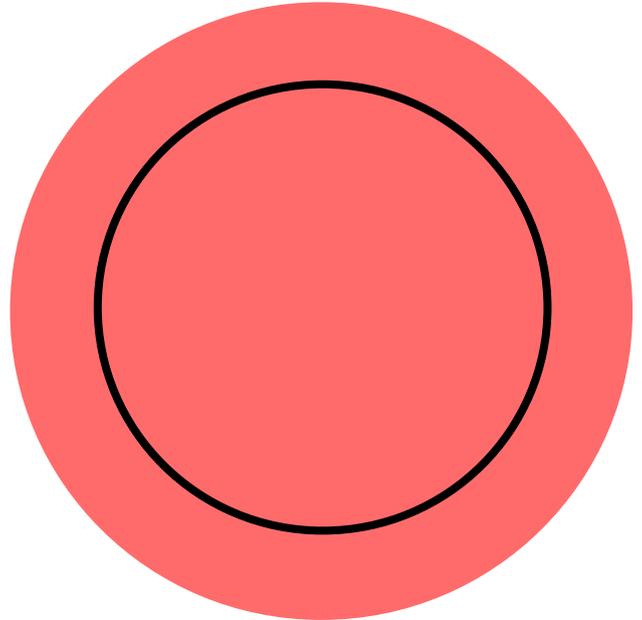
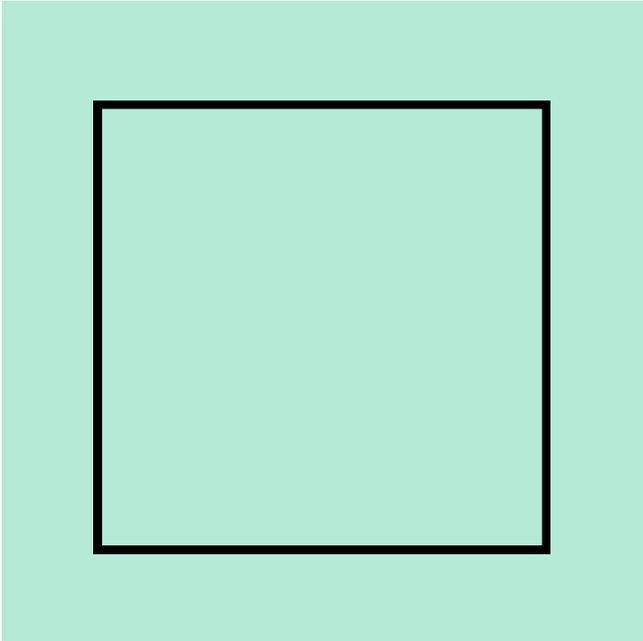
**Roar it out!
Then relax**





Match the Shapes & Colors!

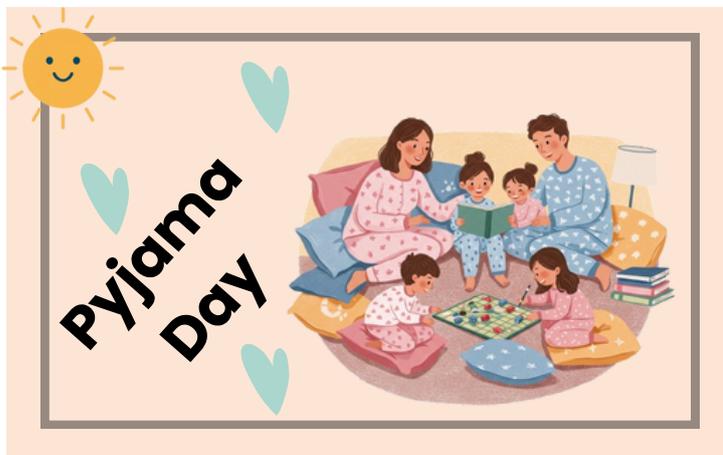
Snip, sort, and match each shape to its perfect place. Can you spot the colors and shapes that belong together? How many corners do the shapes have?





Family Fun Coupons

Cut out a coupon and pick your next adventure — because every moment with family deserves a little magic!





Silly Sentence Maker!

Cut out the word cards below. Pick one from each column to create your silliest sentence yet! Say it out loud and draw a picture to bring it to life!



<p>A dancing dinosaur</p> 	<p>eats spaghetti</p> 	<p>in the bathtub</p> 
<p>My little brother</p> 	<p>jumps in mud</p> 	<p>at the zoo</p> 
<p>A sleepy cat</p> 	<p>sings opera</p> 	<p>on the moon</p> 
<p>A robot chef</p> 	<p>builds a rocket</p> 	<p>under the bed</p> 
<p>A superhero hamster</p> 	<p>paints a rainbow</p> 	<p>at school</p> 





Let's Talk!

Cut out the cards and pick one to spark a little conversation—perfect for bedtime or dinner chats.



What made you smile today?



If you could fly anywhere, where would you go?



What are you proud of?



Tell me something kind you did today.



What's something silly you love?



What's your favorite thing about today?



What's one thing you learned today?



If you had a superpower, what would it be?



Who made you feel happy today?



What are you looking forward to tomorrow?



What's your favorite memory?



What's something you're grateful for?



Tell me about a challenge you faced today.



If you could have any animal as a pet, what would it be?



What's something that makes you laugh?





Thanks for Playing with us!



We hope this pack put a smile (or a few!) on your face. to your day.

Want more moments like this? More printables, gentle parenting ideas and creative sparks?

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